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WINTER WATER POLO SEASON



YMCA of Central Florida (YCF) Water Polo Club

The YCF Water Polo Club invites you to train with us this winter. Improve your skills and prepare for high school water polo season! YCF draws athletes from all over the greater Orlando area and competes in local, state and national tournaments. The program accepts athletes at any experience level, provided they can meet a basic swimming/treading standard, though there are additional requirements for some competitions.

- Parent & Player meeting **Thursday, November 7th at 7 pm** (location TBD)
- For competition dates and a complete list of requirements, visit www.ycfwaterpolo.org
- Please email **Coach Andy** (AGordon@cfymca.org) to be added to the team contact list, or if you have any questions.

DATES: Monday, November 18th – Friday, January 17th

COST: \$200/season, YMCA membership required

PRACTICE: Rosen YMCA Aquatic Center M-F 3-5 pm (W 2:30-4:30)
J Douglas Williams M-F 6:30 – 8:00 pm